

# Informal participation evaluation frame: What works for informal sport?

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## ENVIRONMENTAL CONSIDERATIONS

Activity: Ultimate Frisbee

Std Name: Jackson Smith

Date: 10/06/19

Under the heading, describe up to three things and their impact your participation in activity.

How much did this impact your ongoing participation?

1 ← Strong -ve      Strong +ve → 4

Access:	1	2	3	4
1: <i>Bit of a walk down the hill but easy to get to, not much equipment</i>	☹️	😊	😊	😊
2: <i>No way to book the space</i>	☹️	😊	😊	😊
3: <i>No one else using the space</i>	☹️	😊	😊	😊
Suitability of Space/Equipment:	1	2	3	4
1: <i>Don't need specialist equipment and normal shoes are ok</i>	☹️	😊	😊	😊
2: <i>Big area so can have more than one game</i>	☹️	😊	😊	😊
3: <i>Buildings on one side and bushes can lose the Frisbee, windy.</i>	☹️	😊	😊	😊
Safety:	1	2	3	4
1: <i>Grass means we can dive around without getting injured</i>	☹️	😊	😊	😊
2: <i>Uneven ground could cause injury</i>	☹️	😊	😊	😊
3: <i>Non-contact sport means it feels safe to play</i>	☹️	😊	😊	😊
Adaptability of space to provide different challenges:	1	2	3	4
1: <i>Field size can be easily adapted to suit different numbers of players</i>	☹️	😊	😊	😊
2: <i>Scoring areas can be changed to make it harder or easier</i>	☹️	😊	😊	😊
3: <i>Easy to move equipment</i>	☹️	😊	😊	😊
How it feels to be in this space:	1	2	3	4
1: <i>Outdoors is nice when the weather is good</i>	☹️	😊	😊	😊
2: <i>There is greenery and fresh air</i>	☹️	😊	😊	😊
3: <i>It's like having fun with your mates in the park.</i>	☹️	😊	😊	😊
Sustainability/looking after the space:	1	2	3	4
1: <i>Change goal spaces so we don't wear out the grass</i>	☹️	😊	😊	😊
2: <i>Rubbish bins available to clean up afterwards</i>	☹️	😊	😊	😊
3: <i>If it is really wet we can play indoors to stop field getting muddy</i>	☹️	😊	😊	😊
Other community spaces:	1	2	3	4
1: <i>Mace Oval - close to home, dog poo everywhere</i>	☹️	😊	😊	😊
2: <i>The George street park - big park, clean and easy to get to</i>	☹️	😊	😊	😊
3: <i>Kings park - A little too far away. Mum would have to drive</i>	☹️	😊	😊	😊

## ACTIVITY CONSIDERATIONS

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	Strong -ve	4	Strong +ve
<b>Planning considerations:</b>			
1: <i>Planned to have a rule sheet printed out for each game</i>			
2: <i>Planned to have enough equipment for the warm-up</i>			
3: <i>Didn't plan how games would finish and rotate</i>			
<b>Safety:</b>			
1: <i>No tackle rule was clear</i>			
2: <i>Good talking when two players going for the Frisbee</i>			
3: <i>No quick access for first aid</i>			
<b>Resources:</b>			
1: <i>Two kinds of Frisbees, one was way easier to catch and softer</i>			
2: <i>Equipment was easy to carry and set up</i>			
3: <i>No need for umpires, easy to self-umpire, people need to be honest.</i>			
<b>Skills, strategies and understandings:</b>			
1: <i>Only know four of the ten types of passes</i>			
2: <i>Too crowded where the Frisbee was, need to spread out</i>			
3: <i>Want to do a successful long pass</i>			
<b>Activity time:</b>			
1: <i>Warm up was a bit of standing around</i>			
2: <i>Games didn't stop and small numbers meant it was busy</i>			
3: <i>Some people didn't get to touch it much</i>			
<b>Adaptability of rules/play to provide just right challenge:</b>			
1: <i>We swapped players at half time if it was uneven</i>			
2: <i>We changed the scoring zones to make it harder or easier</i>			
3: <i>We let some people have more space to pass it</i>			
<b>Features of Competition:</b>			
1: <i>We forgot the score but I think we won most games</i>			
2: <i>I liked playing against Jack and Jarrod, we were about the same</i>			
3: <i>We changed players to make it more even in one game</i>			
<b>Evaluation/Monitoring:</b>			
1: <i>I used my fit bit to count how many steps I averaged in each game</i>			
2: <i>I passed it to 4 different team mates in a row and got a level up</i>			
3: <i>I gave 5 put-ups in one game and 3 in another to my teammates</i>			

## PERSONAL AND SOCIAL CONSIDERATIONS

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Exciting or Boring (feelings):				
1: Boring when we had to stand around and wait in the warm up				
2: It was fun when I was involved in the game and doing something				
3: It was exciting when my friend caught my long pass for the goal				
Too easy, too hard or just right (feelings):				
1: I liked it when games were really even				
2: I felt challenged when trying new ways to pass it and catch it				
3: It was too easy in one game but then we swapped players				
Setting Goals (group/individual):				
1: Team goal - passing to different teammates: made whole team better				
2: Ind Goal - Leaping off the ground to catch: made me practice				
3: Ind Goal - Focus on what others do well: I didn't get as frustrated				
Reasons for Success & Failures:				
1: Practiced leaping and catching on the trampoline at home				
2: 'Level ups' in the game made me try harder				
3: Setting goals that gave me a focus to do the things I wanted				
Company of others and shared experiences:				
1: We made up a high five celebration that was fun				
2: We got to have a team huddle and remind us what we wanted				
3: After the games, we could just chill for a bit and talk about it				
Teamwork and communication between people:				
1: We waited for other people to finish speaking in the huddle				
2: I looked at what my teammates did well and told them				
3: We did active listening in the huddle				
Inclusive/Exclusive behaviour:				
1: We didn't laugh when anyone made a mistake				
2: We focused on put ups not put downs				
3: I didn't care when I passed it to a teammate and they dropped it				

**Note:** this frame can also be used as a form of assessment. Students complete initially using a blue pen. As they expand their understandings and gain insights from experience over time, they add to their list using different color pen (even extending beyond four items). This serves as a record of increasing knowledge, depth and understanding. By comparing their reflections with class reflections students can gain an appreciation for how others feel about participating in movement and what priorities are important for their ongoing participation. This will likely vary from class to class.